

MENÚ Septiembre 2020 - MENU September 2020

LUNES - MONDAY	MARTES – TUESDAY	MIÉRCOLES – WEDNESDAY	JUEVES – THURSDAY	VIERNES - FRIDAY
	1	2	3	4
VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS
7	8	9	10	11
VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS	VACACIONES SCHOOL HOLIDAYS	PAELLA DE MARISCO LOMO AL HORNO CON ENSALADA MOUSSE DE CHOCOLATE SEAFOOD PAELLA ROAST PORK WITH SALAD CHOCOLATE MOUSSE	FABADA ASTURIANA MERLUZA A LA ROMANA CON ENSALADA FRUTA FRESCA ASTURIAN BEAN STEW BATTERED HAKE WITH SALAD FRESH FRUIT
14	15	16	17	18
SOPA DE PESCADO PIZZA FRESCA DE YORK FRUTA FRESCA FISH SOUP HAM AND CHEESE PIZZA FRESH FRUIT	ESPAGUETTI CARBONARA HAMBURGUESA CON PATATAS YOGUR SPAGHETTI CARBONARA HAMBURGER WITH CHIPS YOGHURT	PATATAS GUIADAS CON CARNE CALAMARES A LA ROMANA CON ENSALADA FRUTA FRESCA MEAT AND POTATO STEW BATTERED SQUID WITH SALAD FRESH FRUIT	GARBANZOS ESTOFADOS LENGUADINA AL AJILLO CON PATATAS PANADERA YOGUR CHICKPEA STEW GARLIC SOLE WITH BAKER FRIES YOGHURT	ARROZ CON SALCHICHA POLLO AL CHILINDRON CON PATATAS TARTA HELADA SAUSAGES WITH RICE CHICKEN AND FRIES ICE CREAM CAKE
21	22	23	24	25
FESTIVO – SAN MATEO SCHOOL CLOSED – SAN MATEO	CREMA DE ZANAHORIA & PUERRO ALBONDIGAS EN SALSA CON PATATAS FRITAS ARROZ CON LECHE CARROT & LEEK SOUP MEATBALLS WITH FRIES CHILLED RICE PUDDING	ARROZ A LA CUBANA VARITAS DE MERLUZA CON ENSALADA FRUTA FRESCA CUBAN RICE WITH EGG HAKE FINGERS & SALAD FRESH FRUIT	ESPIRALES DE BONITO & TOMATE REDONDO DE POLLO AL HORNO CON ENSALADA YOGUR PASTA WITH TUNA & TOMATO ROASTED CHICKEN ROLL & SALAD YOGHURT	POTAJE DE ALUBIAS BACALAO A LA ROMANA CON ENSALADA FRUTA FRESCA BEAN STEW BATTERED COD & SALAD FRESH FRUIT
28	29	30	EDUCACIÓN SECUNDARIA EXCLUSIVAMENTE	
MENESTRA DE VERDURAS SALCHICHAS CON PURÉ DE PATATA FRUTA FRESCA VEGETABLE STEW SAUSAGES & MASH FRESH FRUIT	COCIDO DE GARBANZOS MERLUZA A LA ROMANA CON ENSALADA & MAYONESA YOGUR CHICKPEA STEW BATTERED HAKE WITH SALAD & MAYONNAISE YOGHURT	MACARRONES BOLOÑESA LOMO A LA PLANCHA CON ENSALADA FRUTA FRESCA PASTA BOLOGNESE GRILLED PORK WITH SALAD FRESH FRUIT	LUNES: Y7; MARTES: Y8; MIÉRCOLES Y9; JUEVES Y10; VIERNES Y11 SEMANA 14/9/20: MENÚ PICNIC: TORTILLA DE PATATA - ENSALADA COMPLETA - FRUTA FRESCA SEMANA 21/9/20: MENÚ PICNIC: EMPANADA DE BONITO – TABOULEH – YOGHUR SEMANA 28/9/20: MENÚ PICNIC: PASTEL DE PESCADO – ENSALADA DE PASTA – FRUTA FRESCA	